

WARNING ABOUT BLOOD THINNING MEDICATIONS

The use of blood thinning products during the 14 days prior to surgery will necessitate the cancellation of your procedure. Blood thinning products can cause excessive bleeding during and after surgery. Both prescription and over the counter medications can have properties. If you currently take any of the medications or herbal preparations listed below discontinue their use 2 weeks prior to your procedure.

Remember this is only a partial list. If you have any questions, please contact your local pharmacist.

If you were told by a doctor to take blood thinning medicine on a regular basis for severe arthritis, atrial fibrillation, a prosthetic heart valve, or stroke or heart attack prevention ask your surgeon when this medicine should be discontinued.

Read the labels on all the medications that you take on a regular basis. Many products contain aspirin (ASA, or Acetylsalicylic acid) and must be stopped 14 days prior to surgery.

Read the labels on any new medications you take during the 14 days prior to your surgery. Many headache, cough, and cold remedies contain aspirin (ASA or Acetylsalicylic acid) and should not be used.

If you need pain, headache, cough, or cold medicine during the 14 days prior to surgery you may take products containing Acetaminophen (Tylenol).

Below is a list of medications that must be stopped for the 14 days before surgery:

Aspirin (ASA, or Acetylsalicylic acid)
Coumadin
Ginkgo
Heparin
Lovenox
Plavix
Ticlid

Garlic
Ginseng
Ibuprofen
Naproxen
St. Johns Wart
Vitamin E